**Activity One**

Jack was asked to draw a graph to show how he felt during the day. Jack’s graph looked like this:

My Smile-a-day Graph

1. What does this graph show?
2. Discuss with a classmate what your own smile-a-day graph would look like.

**Activity Two**

Ask a classmate how they feel at different times during the day. Draw their smile-a-day graph.

You may think of different activities to write along the bottom of these smile-a-day graphs.