Choose a spoon. Estimate and measure its volume using the measuring cylinders and fill in the table with your results. The first line has been filled in as an example.

Spoon	Estimated volume (mL)	Actual volume (mL)
Large white plastic spoon	20mL	25mL

Metric teaspoons hold 5mL and metric tablespoons hold 15 mL. How do the spoons you have measured compare?

When would it be important to use metric spoons? Why?

When would it be appropriate to use a non-metric spoon?