Z a photocopy of the map (not the picture of the course)

a classmate

7 a protractor

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ActivityOrienteering is a sport first made popular in Scandinavia.
The runners usually have a map and sometimes a magnetic compass

to help them get around a course.

The teachers at Mount Heron School make up a simplified orienteering competition. They show the students a picture of the course and give them a map and a list of compass directions.

Using your photocopy of the course map, follow the compass directions below to find out where the competitors finish.

Compass directions:

Begin in the car park.

Measure: 60 metres south-east

35 metres north-east

70 metres south

25 metres south-west

40 metres south-east

60 metres south-west

75 metres north-west

40 metres north

20 metres north-west

You are now at the finish!

a. As you go, record the compass directions and landmarks in a table, like this:

Compass direction	Landmark
60 m south-east	

b. Compare your table with that of a classmate. Did you both finish at the same place?

2. Use a map of your school grounds to design an orienteering course for someone else to try.

You will need to measure distances and compass directions carefully.

