

## Kiwi School Canteen Menu (Based on ideas from The Heart Foundation)

Daily Specials	Regular Daily items
<b>Monday</b> Beef burger Self-crusting vegetable quiche Tuna wrap	Baked stuffed potato Open ham sandwich Chilli chicken wrap Salmon bagel Vegetable soup and bread roll Salad roll Pasta salad Cheese rolls Toastie mouse trap
<b>Tuesday</b> BBQ chicken wrap Rice salad Chicken and vege kebabs	<b>Snacks</b> Fresh fruit Fruit kebabs Trail mix (nuts and fruit) Frozen yoghurt Trail mix (nuts and fruit) Small popcorn (homemade) Yoghurt pottle Fruit ice block
<b>Wednesday</b> Sushi – chicken / vegetable Chicken panini Pasta salad	<b>Beverages</b> Bottled water 250ml low fat flavoured milk 250ml plain milk
<b>Thursday</b> Toasted chicken sandwich Vegetarian nachos Mini baked bean pizza	
<b>Friday</b> Ham & salad wrap Grilled chicken burger Tuna pasta bake	



<b>Daily specials item prices:</b> One choice: \$3.70 Two choices: \$6.40 Three choices: \$8.10	<b>Regular daily prices:</b> \$3.40 per item \$0.80 per snack \$1.40 per beverage
<b>Combos</b> 1. One daily special + one regular daily item + beverage for <b>\$7.20</b> 2. One daily special + one regular daily item + snack + beverage for <b>\$7.80</b> 3. Two daily specials + one regular daily item + beverage for <b>\$9.30</b> 4. Snack + beverage for <b>\$2.00</b>	