

Kiwi School Canteen Menu (Based on ideas from The Heart Foundation)

Daily Specials	Regular Daily items
Monday Beef burger Self-crusting vegetable quiche Tuna wrap	Baked stuffed potato Open ham sandwich Chilli chicken wrap Salmon bagel Vegetable soup and bread roll Salad roll Pasta salad Cheese rolls Toastie mouse trap
Tuesday BBQ chicken wrap Rice salad Chicken and vege kebabs	Snacks Fresh fruit Fruit kebabs Trail mix (nuts and fruit) Frozen yoghurt Trail mix (nuts and fruit) Small popcorn (homemade) Yoghurt pottle Fruit ice block
Wednesday Sushi – chicken / vegetable Chicken panini Pasta salad	Beverages Bottled water 250ml low fat flavoured milk 250ml plain milk
Thursday Toasted chicken sandwich Vegetarian nachos Mini baked bean pizza	
Friday Ham & salad wrap Grilled chicken burger Tuna pasta bake	



Daily specials item prices: One choice: \$ Two choices: \$5.00 Three choices: \$	Regular daily item prices: \$ per item \$ per snack \$ per beverage
Combos 1. One daily special + one regular daily item + beverage for \$_____ 2. One daily special + one regular daily item + snack + beverage for \$_____ 3. Two daily specials + one regular daily item + beverage for \$_____ 4. Snack + beverage for \$_____	